**Положение**

**соревнований по легкой атлетике**

**Дата проведения:** 25 апреля 2019 года

**Место проведения:** МБОУ СОШ №1

**Программа соревнования:** бег 100м, бег 500м (дев.)/800м (юн.), прыжки в длину с разбега

**Состав команды:** 6 юношей + 6 девушек (сборная школы) по 2 на каждый вид + 1 руководитель

***Каждый участник в зачет команды выступает в одном виде программы.***

Соревнования лично-командные, проводятся раздельно среди юношей и среди девушек.

Подсчет командного первенства проводится по таблице очков, в зачет идет 5 лучших результатов (среди девочек и мальчиков).

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Необходимые документы для участия в соревнованиях:**   1. Медицинская заявка 2. Протокол (Приложение 2) 3. Карточки участников (Приложение 1)   **Время начала соревнований:**   |  |  | | --- | --- | | **Время** | **№ школы** | | 11.00 | 20, 21, 22, 23 | | 11.25 | 24, 6, 16, 29, 19 | | 11.50 | 25, 13, 14, 11 | | 12.15 | 15, 17, 26, 30 | | 12.40 | 4, 7, 8, 9, 31 | | 13.05 | 18, 27, 12, 1, 18 | | 13.30 | 2, 10, 28, 3, 5 | | | |
|  | | |
|  | | |
| Приложение 1 | | |
| 1. Заполнить заранее на компьютере и распечатать карточки на каждого участника, изменив данные, выделенные красным цветом.В графе **«ПОЛ»** стереть на компьютере ненужную букву **«М»** или **«Ж»** или *обвести ручкой необходимую букву.*В графе **«ВИД» или** *исправить уже вбитые названия соревнований с красного цвета на черный* **или** *вбить* *на компьютере вид соревнований для каждого участника самостоятельно* **(100 метров, 500 метров, 800 метров, прыжки в длину).**   Форма карточек участника в **приложении.** | | | |
|  | | | |
| **ВНИМАНИЕ!!! Заполненные от руки карточки не принимаются!!!** | | | |
|  |  |  | |
| 1. Для беговых видов (500 метров и 800 метров) необходимо наличие номеров. | | | |
|  |  |  | |
| 1. Карточки участника выдаются участникам на месте проведения соревнований с заполненными номерами в графе **«№»** (для видов 500 метров и 800 метров). | | | |
|  |  |  | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **100 метров** | |  | | **№** | | |  | | | **М** | | | **Ж** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **100 метров** | |  | | **№** | | |  | | | **М** | | | **Ж** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **100 метров** | |  | | **№** | | |  | | | **М** | | | **Ж** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **100 метров** | |  | | **№** | | |  | | | **М** | | | **Ж** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **500 метров** | |  | | **№** | | |  | | | **М** | | | **Ж** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **500 метров** | |  | | **№** | | |  | | | **М** | | | **Ж** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **800 метров** | |  | | **№** | | |  | | | **М** | | | **Ж** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **800 метров** | |  | | **№** | | |  | | | **М** | | | **Ж** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **Прыжки длину** | |  | | **№** | | |  | | | **М** | | | **Ж** | | **с разбега** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **Прыжки длину** | |  | | **№** | | |  | | | **М** | | | **Ж** | | **с разбега** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **Прыжки длину** | |  | | **№** | | |  | | | **М** | | | **Ж** | | **с разбега** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | |  | **Карточка участника** | | | | | | |  | |  | | | | **ПОЛ** | | | | |  | **ВИД** | | **Прыжки длину** | |  | | **№** | | |  | | | **М** | | | **Ж** | | **с разбега** | |  | | |  | |  | | | | | | |  | | | | | | | | |  | **ОУ:** | | | | | | | | **МБОУ СОШ № 55** | | | | | | | | |  | | | | | | |  | | | |  | |  | | |  | | **Фамилия** | | | | | | | **Константиновский** | | | |  | | **результат** | | |  | | **Имя** | | | | | | | **Константинович** | | | |  | |  | | |  | | **Год рождения** | | | | | | | **2000** | | | |  | |  | |  | | | | | | |  | | | |  | |  | |  | |  | | |  | |

Приложение 2

Сводный протокол по легкой атлетике ОУ: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Юноши:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | ФИ | Вид | Результат | Очки | Сумма |
| 1 |  | 100 м |  |  |  |
| 2 |  | 100 м |  |  |
| 3 |  | 800 м |  |  |
| 4 |  | 800 м |  |  |
| 5 |  | Прыжок |  |  |
| 6 |  | Прыжок |  |  |

**Девушки:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | ФИ | Вид | Результат | Очки | Сумма |
| 1 |  | 100 м |  |  |  |
| 2 |  | 100 м |  |  |
| 3 |  | 500 м |  |  |
| 4 |  | 500 м |  |  |
| 5 |  | Прыжок |  |  |
| 6 |  | Прыжок |  |  |

Общая сумма: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_